

# Thames Source Quest

# Thames Path – Sea to source

PLACE Name	DISTANCE (km)					SPEED (km/h)	TIME				
	S. bank	N. bank	Select	Cumul.	Stage	Select	Split	Cumul.	Day	Clock	
Thames Barrier	0		0	0	0	9.5	0:00	00:00	Fri	04:00	
Greenwich	6.8		6.8	6.8		9.33	0:43	00:43	Fri	04:43	
Tower Bridge	9.3	8.8	8.8	15.6		9.11	1:01	01:44	Fri	05:44	
Westminster	4	5.3	4	19.6		9.01	0:26	02:11	Fri	06:11	
Putney	12.9	11.3	11.3	30.9		8.74	1:28	03:40	Fri	07:40	
Richmond	13.2	16.4	13.2	44.1		8.44	1:33	05:14	Fri	09:14	
Teddington	5.5	6.3	5.5	49.6		8.31	0:39	05:53	Fri	09:53	
Hampton Court	7.7		7.7	57.3		8.14	0:56	06:50	Fri	10:50	
Shepperton	9.8		9.8	67.1		7.93	1:14	08:04	Fri	12:04	
Staines	8.8		8.8	75.9		7.75	1:08	09:12	Fri	13:12	
Windsor	13		13	88.9		7.48	1:44	10:56	Fri	14:56	
Maidenhead	10.8		10.8	99.7		7.27	1:29	12:26	Fri	16:26	
Marlow	12.2		12.2	111.9	111.9	7.03	1:44	14:10	Fri	18:10	
Henley	14		14	125.9		6.77	2:04	16:14	Fri	20:14	
Shiplake	3.5		3.5	129.4		6.71	0:31	16:45	Fri	20:45	
Reading	10.8		10.8	140.2		6.52	1:39	18:25	Fri	22:25	
Tilehurst	5.5		5.5	145.7		6.42	0:51	19:16	Fri	23:16	
Pangbourne	5.6		5.6	151.3		6.33	0:53	20:09	Sat	00:09	
Goring	6.8		6.8	158.1		6.21	1:05	21:15	Sat	01:15	
Cholsey	6.3		6.3	164.4		6.11	1:01	22:17	Sat	02:17	
Wallingford	5.2		5.2	169.6		6.02	0:51	23:08	Sat	03:08	
Culham	18.2		18.2	187.8		5.73	3:10	26:19	Sat	06:19	
Abingdon	3.5		3.5	191.3		5.68	0:36	26:56	Sat	06:56	
Oxford	16		16	207.3	95.4	5.44	2:56	29:52	Sat	09:52	
Swinford	10		10	217.3		5.3	1:53	31:45	Sat	11:45	
Newbridge	12.6		12.6	229.9		5.12	2:27	34:13	Sat	14:13	
Radcot	16		16	245.9		4.91	3:15	37:29	Sat	17:29	
Lechlade	10.3		10.3	256.2		4.77	2:09	39:38	Sat	19:38	
Castle Eaton	10.8		10.8	267		4.64	2:19	41:58	Sat	21:58	
Cricklade	6.8		6.8	273.8		4.55	1:29	43:28	Sat	23:28	
Ashton Keynes	8.5		8.5	282.3		4.45	1:54	45:22	Sun	01:22	
The source	11.3		11.3	293.6	86.3	4.32	2:37	48:00	Sun	04:00	

(Distances from the Thames Path official guide – reversed)

Start day	Fri 02/07/10
Start time	04:00

Sunrise *	04:51
Sunset *	21:28

Daylight *	16:36
Twilight (nautical) *	01:04

\* Oxford

Initial speed (km/h)	9.5
Slow down (%/10km)	2.65

Avg speed (km/h)	6.12
Distance (km)	293.6
Time	48:00

Alternative ETA		
42:00	Sat	22:00
45:00	Sun	01:00
48:00	Sun	04:00
51:00	Sun	07:00
54:00	Sun	10:00